

FREE CANCER SUPPORT

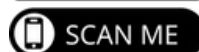
Join a support group, attend an information program and learn about cancer wellness topics from the experts

WELCOME TO WELLNESS HOUSE

At RUSH Oak Park

Medical Office Building

610 S Maple Ave. Suite 2000 Oak Park, IL



LEARN MORE & REGISTER
Wellnesshouse.org/rush

Cancer Creative Connections

February 10, March 17

4:30 - 5:15 p.m.

Join us for a monthly expressive arts activity at Rush Oak Park. Participants are invited to stay for the General Cancer Support Group immediately following at 5:30.

Cancer Support Group

Mondays, Weekly | 5:30 - 7:00 p.m.

Ongoing support group for people with cancer to share medical information, connect with others in similar circumstances and improve their coping skills.

For more information,
call 630.654.5356 or email
whchicago@wellnesshouse.org

Saturday Cancer Creative Connections and Support Group

Saturday, January 25 | 10:30a.m. - 12:15 p.m.

Join us for a Saturday morning expressive arts activity, followed by a support group gathering.

Dinner + Q&A with a Wellness House Dietitian

Monday, February 24 | 5:00 - 7:30 p.m.

Join us for a meal and conversation with one of our oncology dietitians and stay for a support group gathering

Wellness House Showcase Event

Monday, March 31 | 5:30 - 7:00 p.m.

Wondering what Wellness House free cancer support services are all about? Join us for dinner and participate in three mini-programs: a support group, an exercise class, and a nutrition class.

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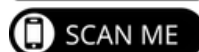
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