

## FREE CANCER SUPPORT

Join a support group, attend an information program and learn about cancer wellness topics from the experts

## WELCOME TO WELLNESS HOUSE

### At RUSH MD Anderson Cancer Center

1520 W. Harrison St., Chicago, IL 60607  
Joan and Paul Rubschlager Building  
4th Floor Supportive Oncology Conference Room



LEARN MORE & REGISTER  
[Wellnesshouse.org/rush](https://Wellnesshouse.org/rush)

#### Breast Cancer Support Group

1st Tuesday of each month - Snacks provided  
11:00 a.m. - 12:30 p.m. | 10/1, 11/5, 12/3

#### Prostate Cancer Support Group

1st Tuesday of each month - Snacks provided  
3:00 - 4:30 p.m. | 10/1, 11/5, 12/3

#### Head, Neck & Thyroid Cancer Support Group

1st Tuesday of each month - Snacks provided  
5:30 - 7:30 p.m. | 10/1, 11/5, 12/3

#### Spanish-Speaking Support Group

Second Tuesday of each month  
3:00 - 4:30 p.m. | 10/8, 11/12, 12/10

#### Morning Yoga Series

Wednesdays, 10/9, 10/16, 10/23 | 10:00 - 11:00 a.m.  
Join us on the mat. No experience is needed.

#### Wellness House Showcase Event

Tuesday, 11/5 & Friday, 12/13 | 12:30 - 2:00 p.m.  
Learn what Wellness House is all about.

#### At RUSH Oak Park

#### Medical Office Building

610 S Maple Ave. Suite 2000  
Oak Park, IL

#### Cancer Creative Connections

3rd Mondays, 4:30 - 5:15 p.m.  
11/18, 12/16

#### Cancer Support Group

Mondays, Weekly  
5:30 - 7:00 p.m.

#### Saturday Cancer Creative Connections and Support Group

Saturday, October 19 | 10:30a.m. - 12:15 p.m.  
Join us for a Saturday offering for our monthly expressive arts activity, followed by a support group offering.

RUSH MD Anderson Cancer Center  
1520 W. Harrison St. | Chicago IL 60607  
Joan and Paul Rubschlager Building, 4th Floor

RUSH Oak Park - Medical Office Building  
1610 S. Maple | Oak Park, IL 60304  
Suite 2000