

**FREE
CANCER
SUPPORT**

Join a support group, attend an information program and learn about cancer wellness topics from the experts

**WELCOME TO
WELLNESS HOUSE**

At RUSH University Medical Center

1520 W. Harrison St., Chicago, IL 60607
(Rubschlager Ambulatory Building)
4th Floor Supportive Oncology Conference Room

Breast Cancer Support Group

1st Tuesday of each month - Snacks provided
11:00-12:30 p.m. | 4/2, 5/7, 6/4

Prostate Cancer Support Group

3rd Tuesday of each month - Snacks provided
5:30-7:00 p.m. | 4/16, 5/21, 6/18

Head, Neck & Thyroid Cancer Support Group

1st Tuesday of each month - Snacks provided
5:30-7:00 p.m. | 4/2, 5/7, 6/4

Morning Yoga Series

Wednesdays, June 6/5, 6/12, 6/19 | 10:30 - 11:30 a.m.
Join us on the mat. No experience is needed.

Wellness House Showcase Event

Monday, May 13 | 12:00 - 1:30 pm.
Experience what Wellness House is all about

**A Nutritious Meal with a Nurse that Knows:
Top Questions Breast Cancer Patients Ask**

Thursday, April 11 | 5:30 - 7:00 pm.
Dinner Provided

Spanish-Speaking Support Group

Second Tuesday of Every Month
3:00-4:30 pm
April 9, May 14, June 11

LEARN MORE & REGISTER
[Wellnesshouse.org/rush](https://wellnesshouse.org/rush)

**At RUSH Oak Park
Medical Office Building
610 S Maple Ave. Suite 2000
Oak Park, IL**

Cancer Creative Connections

3rd Mondays
4:30 - 5:15 p.m. | 4/15, 5/20, 6/17

Cancer Support Group

Mondays, Weekly
5:30 - 7:00 p.m.

