

**Wellness  
House** for LIVING  
with CANCER  
You'll feel better inside.

TASTE OF  
WELLNESS

Join us for

# TASTE OF WELLNESS HOUSE NUTRITION FAIR

**FREE**



**August 20** In-person event  
**August 22-26** Online

Featuring cooking demonstrations and practical culinary workshops designed to educate and promote a whole food, plant-based, cancer-fighting diet.

REGISTRATION IS REQUIRED FOR ALL IN-PERSON  
AND ONLINE SESSIONS

REGISTER AT [WELLNESSHOUSE.ORG](https://wellnesshouse.org) OR CALL 630.323.5150

IN-PERSON EVENT LOCATED AT WELLNESS HOUSE,  
131 NORTH COUNTY LINE RD., HINSDALE, IL

**THIS FREE EVENT IS PRESENTED TO THOSE AFFECTED BY CANCER.**

