



Annual Walk for Free Cancer Support, Sunday May 1 *Community rallies around in-person Walk for Wellness House*

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For Immediate Release

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Hinsdale, IL, (April 14, 2022) – The annual Walk for Wellness House 3k walk/5k run will take place on Sunday, May 1, 2022, bringing together cancer survivors, families, friends, and volunteers together and in-person for the first time in two years at the main location in Hinsdale. The theme of this year’s Walk is #WelcomeHome, as Wellness House is thrilled to be welcoming community members back for a full-scale event, while also transitioning to more in-person programs for people affected by cancer.

This year, Wellness House calls upon longtime supporters Molly Haunty and Gina Pongetti Angeletti, both members of Wellness House’s Board of Directors, to lead the charge and inspire the community to support the Walk for Wellness House. Gina’s family utilized Wellness House when her father was diagnosed with cancer, and she recently encouraged her friend and colleague Craig Kruse to get involved with Wellness House after he was diagnosed with glioblastoma. Craig and his family now regularly attend programming at Wellness House, and Craig has also joined the Walk committee to energize others to join the walk. “For cancer patients, the Walk offers energy, community and hope. Being present with thousands of people offering their support, feeling the sense of community from both family and strangers, and the overwhelming presence of hope is unmatched. The Walk helps to provide thousands of programs, group meetings, individual life-changing sessions and is a vehicle for prospering and living a life to its fullest along side a difficult cancer diagnosis,” said Gina Pongetti Angeletti.

An inspirational program begins at 8:00 a.m. and the Walk at 8:30 a.m. with a timed run to follow. The Walk will take place along a route on the streets around Hinsdale or participants can choose to “Walk Your Way” at a time and place that works best for them. Anyone interested in joining the Walk can register as an individual or a team at walk.wellnesshouse.org.



You'll feel better inside.

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Over 31 years ago, a group of people came together because they saw, first-hand, the impact of cancer on their family and friends. Out of concern and determination, Wellness House was born to lighten cancer's burden through programs that prepare and empower people to fully live life with cancer and beyond. Wellness House uses a psychosocial approach based on research, addressing the whole person – socially, emotionally, physically, spiritually, and psychologically. Since opening their doors in 1980, 44,000 people have been impacted by Wellness House. Offered at no cost, and as a complement to medical treatment, our programs educate and support participants so they will improve their physical and emotional well-being. For more information, visit wellnesshouse.org.