



PROFESSIONAL PERK

*Wellness House Networking
and Education Series*

JOIN US FOR A MORNING BLEND!

CONNECT AND NETWORK • LEARN AND SHARE • PERCOLATE THOUGHTS

SECOND FRIDAYS - ONLINE

People impacted by cancer do better and feel better with psychosocial support. As a professional in the field, you want the best outcome for those in your care. Research shows an increased survival rate and better quality of life for people impacted by cancer who receive psychosocial support. Join us to exchange thoughts, connect with fellow professionals from varied disciplines who also serve the oncology population, and learn about psychosocial topics from the experts at Wellness House.

8:45 – 9:00 a.m. Check-in and Networking

9:00 – 9:45 a.m. Presentation

9:45 – 10:00 a.m. Q & A and discussion

FREE REGISTRATION: [Wellnesshouse.org/professional-perk/](https://wellnesshouse.org/professional-perk/)

> Click on Healthcare Professionals in the footer.

Winter: Death, Dying and Bereavement

January 14 - Coping with Losses

February 11 - Our Presence is Our Greatest Offering

March 11 - Death Café

Spring: Wellness Journey

April 8 - Dimensions of Wellness

May 13 - Promoting Healthy Eating Habits in Your Patients

June 10 - Mindful Movement

Summer: Professional Development

July 8 - Community Building

August 12 - Compassionate Listening

September 9 - Round Table: Best Practices in Psycho-Oncology

Fall: Self-Reflection and Finding Meaning

October 8 - Vicarious Trauma and Compassion Fatigue

November 11 - Taking Good Care at Work: How to keep going when the going gets tough

December 9 - Meaning-Centered Psychotherapy Model

For more information, contact Kelli Mitchell, Community Relations Manager, at kmitchell@wellnesshouse.org or 630.654.5197