

Oncology Exercise Specialist

Wellness House -

Contract

Department: Program Department, Exercise and Nutrition Program

Supervised by: Wellness Programs Manager

Supervises: --

Status: 3 hours a week—Monday and Friday morning availability preferred

Summary of Position:

This position is responsible for facilitating innovative exercise and mind body movement programs for people affected by cancer. Specifically, this person will facilitate our Prostate Exercise Class. Additionally, this position ensures that required consents and assessments are completed prior to enrollment in exercise classes. Through 2020, this position will be remote, providing virtual classes through Zoom.

RESPONSIBILITIES

- Conduct exercise classes and cover for absences of other exercise program staff as needed or requested.
- Enter participant efforts into MBO as appropriate for programs or services delivered in a timely fashion.
- Assist with exercise registration process and record exercise class attendance.
- Ensure exercise room facility is in good working order, including maintenance of equipment, availability of supplies, and adherence to infection control practices. Report to Office Manager and/or Program Manager in a timely manner any observations of malfunction or inadequacy of the Wellness House facility such that it would compromise the safety of staff and/or participants, as well have a negative impact on the delivery of WH programs.

Other

- Protect organization's value by keeping information confidential
- Perform general tasks and other duties as assigned

QUALIFICATIONS:

Education: Bachelor's degree in health-related field such as Exercise Physiology or equivalent experience; Group Exercise Certification or Personal Trainer Certification, Cancer Exercise Specialist or Certified Cancer Exercise Trainer preferred.

- Job Experience: Prior experience leading exercise classes. Experience working with a medical patient population, ideally with a cancer patient population.
- Special Knowledge & Skills: Solid understanding and appreciation of the fundamental principles of safe exercise programming; general computer skills, comfortable facilitating classes in Zoom, including knowledge of Microsoft Office Products such as Word and Excel; good interpersonal and organizational skills.
- Demonstrated Competencies: Ability to conduct multiple exercise classes, including supervising aerobic conditioning and demonstrating strength, weight, and core training; ability to communicate effectively both verbally and written; ability to collaborate with peers and provide

constructive feedback to others; desire to work as a team member and accomplish the larger goals of the organization.

Wellness House is an EOE.

Please apply by sending your cover letter and resume to cmixa@wellnesshouse.org

Job Type: Contract

Required experience:

- Healthcare: 1 year
- Exercise: 1 year

Required education:

- Bachelor's